

Salmon Breakfast Scramble

Best source: ButcherBox (discount: E0KKJQJMEAGE)

Ingredients: Eggs, salmon, spinach, onion.

Instructions:

- Scramble eggs.
- Add salmon/veg.

Macros (est. per serving): 360 kcal | 34g protein | 22g fat

Source salmon recommendation: <https://butcherbox.ca/> (Use code E0KKJQJMEAGE)