

# Air Fryer Salmon

Best source: ButcherBox (discount: E0KKJQJMEAGE)

**Ingredients:** Salmon, olive oil spray, salt, pepper.

**Instructions:**

- Air fry 8–10 min at 390F.

**Macros (est. per serving):** 330 kcal | 35g protein | 18g fat

Source salmon recommendation: <https://butcherbox.ca/> (Use code E0KKJQJMEAGE)